

**Sun Feb 4, 2007 10:18 pm (PST)**

have a great week! be blessed!!

Kyle

LOGAN COLLEGE OF CHIROPRACTIC

#4

It's just an aspirin....

I was at a health fair a couple of weeks ago and was approached by one of the vendors handing out free aspirin. It was unbelievable!!! This person asked if I wanted a sample and I just looked at him in disgust and said no way; I don't take drugs! He responded, "It's just an aspirin." Hearing that made me think; how many people have that same response?

Americans spend over 6.6 billion dollars on aspirin and its equivalents. Nearly 30,000 people a year die from using aspirin/equivalents making it the 15th leading killer in the U.S!! About 15% of the people on dialysis today are there as a result of the damage that aspirin did to their kidneys. Twenty percent of those with heart failure are due to them taking Aspirin/NSAIDs. The amount of information out there on aspirin goes on and on. If the statistics alone don't stop and make you think; consider what is in an aspirin. This is the list of the extra ingredients you get for your money!!

Black Iron Oxide- also used in coloring agent in paint pigments, body stains brick, tile, plastics, porcelain enamel, glazes, glass, rubber

Carnauba Wax- guys we already use this on our cars!!!

Croscarmellose Sodium- first used as a stabilizer in horse dietary supplements

D&C Yellow No. 10 Aluminum Lake- may cause contact dermatitis

Hypromellose- used during surgery to aid in corneal protection

Methacrylic Acid Copolymer- soluble swelling agents, diluent, flavorings, sweetener

Microcrystalline Cellulose- derived from high quality wood pulp

Polysorbate 80- nonionic detergent and emulsifier derived from polyoxylated sorbitol and oleic acid

Propylene Glycol- base ingredient in aircraft deicing fluid and some automobile antifreezes

Shellac- has as much acetone as nail polish, insoluble in stomach acid, used on wood as a primer.

Sodium Lauryl Sulfate- causes a number of skin issues, may become a carcinogen

Titanium Dioxide- used in paints, coatings, plastics, papers, inks and of course aspirin!

Triacetin- was listed as one of the 599 additives to cigarettes

No matter how you look at it, aspirin is causing death inside your body every time you take it. It is loaded with chemicals and poisons and is destroying your brain-body connection. The only way to start creating maximized health is to educate your patients on the importance of health and getting principled and scientific chiropractic adjustments.

Be Blessed,  
Kyle Meers