

Frequently Asked Questions*

Question: What kind of conditions does the **SpineMED** program treat?

Answer: Disc problems of many varieties as bulging discs, herniated discs or ruptured and protruding discs of the lumbar spine (low back), degenerated discs, joint facet syndrome, sciatica mild spondylolisthesis and stenosis.

Question: What are my chances for success?

Answer: Very high actually, our clinic only accept patients we truly feel we can help. The treatment aids patients suffering from herniated or bulging intervertebral discs, sciatica, stenosis, deterioration and arthrosis.

Question: What is the cost for the decompression therapy?

Answer: Good news! The cost is reasonable and we provide everyone the opportunity to receive **decompression therapy** by eliminating the worry of finances by offering flexible payment plans. During your consultation, the doctor will determine if you are a candidate, and fully explain to you how much it will cost before any charges are posted. If it is felt that you are not a candidate for care, the doctor will tell you and there will be no charge. Fair enough?

Question: Does insurance cover the cost?

Answer: Different types of insurance cover different costs associated with the therapy. We are happy to verify your benefits when you come into our office and give you an idea of what you will need to pay out of pocket before any services are performed.

Question: If I don't have insurance, are payment plans available?

Answer: Absolutely! We can provide several flexible payment plans to accommodate most peoples needs. We are pleased to offer "Carecredit" to allow everyone the opportunity to receive care they can afford.

Question: How long does the treatment take?

Answer: Each session requires 30-45 minutes on average. The average length of time a person is under therapy ranges from 4-6 weeks.

Question: How often do I need treatment?

Answer: In most cases, it is recommended that you receive therapy on a daily basis, 5 days a week for 4 weeks. The treatment plan is subject to modification at the doctor's discretion or as progress warrants.

Question: Does the treatment offer a permanent relief?

Answer: Our approach is to go bring you long lasting relief so you do not have to return. In some severe cases, we may recommend periodic follow up maintenance.

Question: Can I continue to work while I'm under therapy?

Answer: Many patients are able to maintain a work schedule. If you undergo physically stressful activities, we may prescribe a brace or limit your work activities in the beginning of your care program.

Question: What kinds of conditions are not treatable or contraindicated?

Answer: Osteomalacia (severe osteoporosis), myelitis, anklyosing spondylitis, fractures, and unstable spondylolisthesis with pars defects, post surgical conditions where metal implants (rods, cages and screws) have been used, cancer or tumors.

Question: I have had surgery on my low back, can I still be treated?

Answer: Yes, in most cases, as long as metal implants haven't been used.